



Dear Gregory

Here is your crest for the 1983 Toronto-Niagara Hair Shirt. Despite the heat and a number of conflicting events, 40 riders turned out, of whom 36 finished. (The other four quit prudently along the way; nobody was stranded.)

First in, as usual, were the Sandquists, Sandy, Sarah and Geoff, on their triplet at 6:08, for an average speed of about 16.8 miles per hour. Sarah had warned earlier that they had not been riding a lot recently and were a bit out of shape.

The last four riders got back after midnight, for an average speed of about 11 mph. The median time was 8:50, for an average of just under 14 mph.

Special mention should be made of Allan Jackson, 69, who made it it back just ahead of the median time.

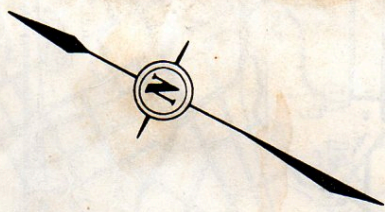
Mark June 17, 1984 on your calendar for next year's ride. See you then.

Michael Moore,
organizer



MUN
METRO
TORONTO

NEW YORK
ONTARIO



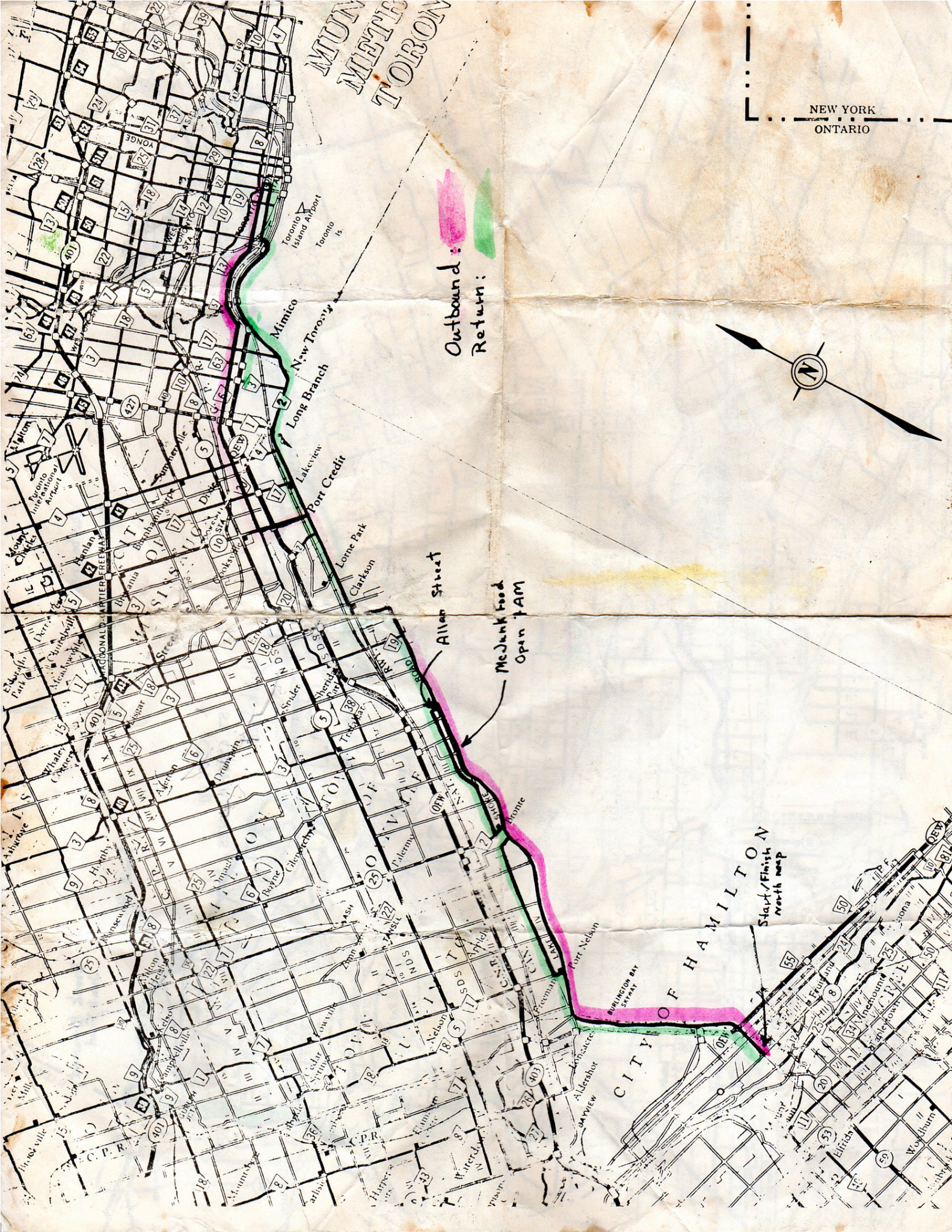
Outbound:
Return:

Allan Street

McJunk food
Open 7 AM

Start/Finish
North near

CITY OF HAMILTON





UNITED STATES
CANADA

Brook Monument
Junk Food

Fruit Stands

CITY OF
ST. CATHARINES

Junk food

Outbound:
Return:

Start/Finish
South map
Water Stop

Water

Water Stop
Junk Food

CITY OF HAMILTON

Crystal Beach
Thunder Bay
Shisler Point
Morgans Point
Long Beach
Stromness
South Carleton Place