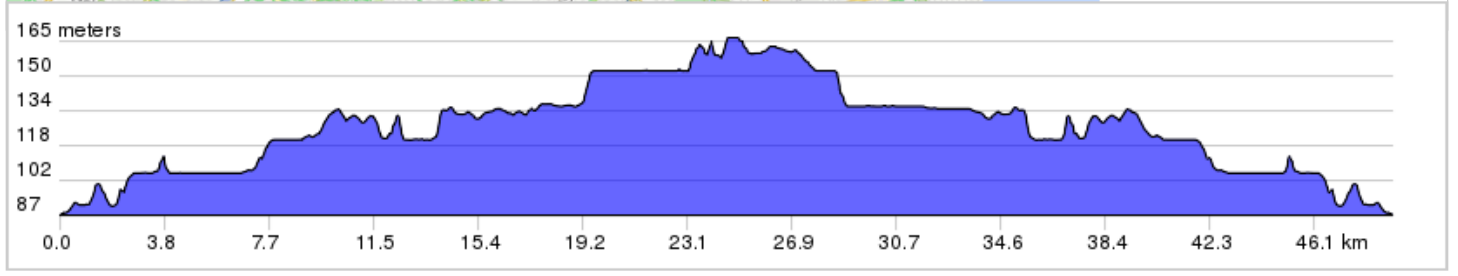
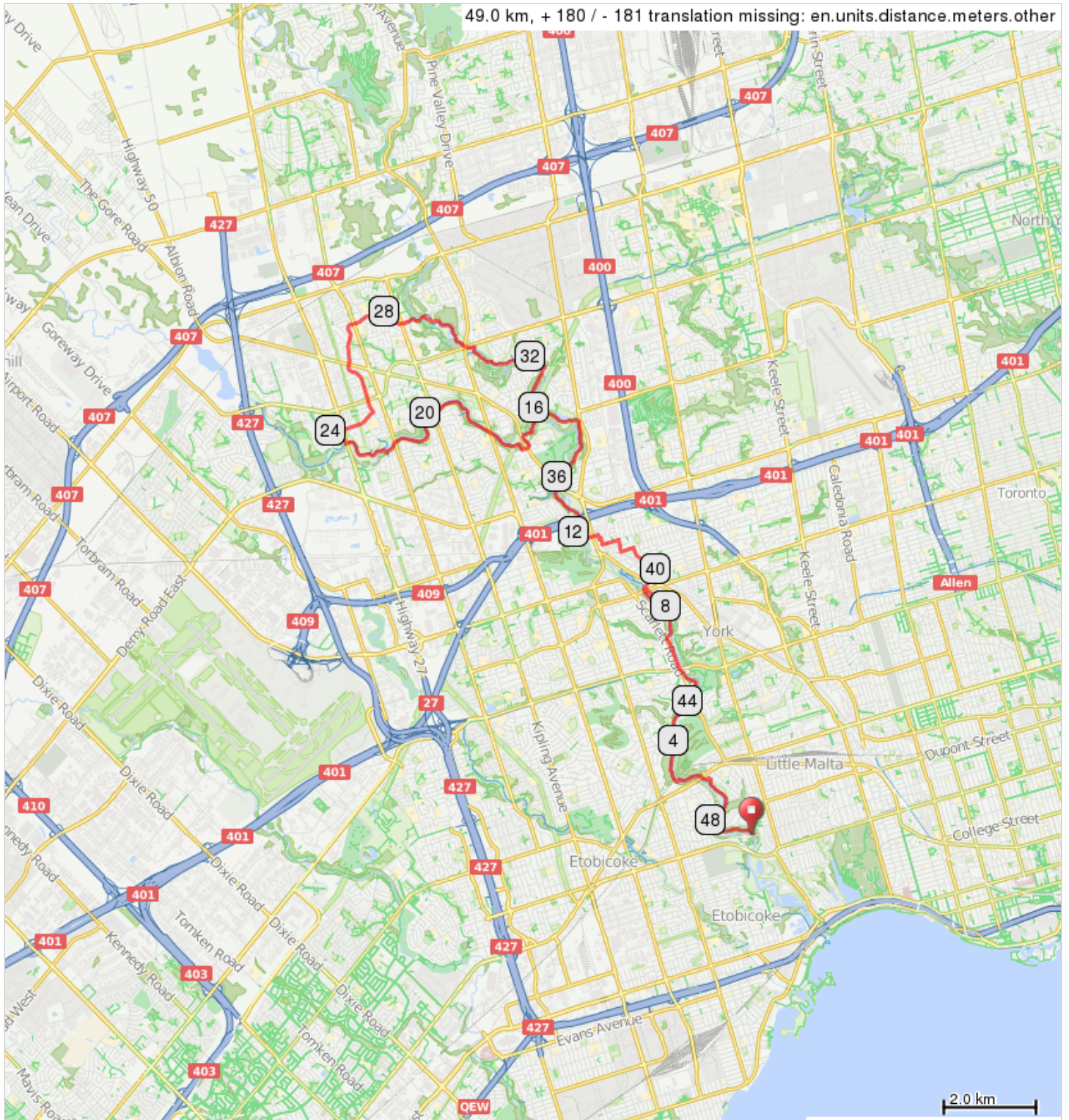


# Old Mill to Humber College



0.	▶	Start of route	0.0	2.2
1.	←	L onto Lundy Ave	2.2	0.0
2.	←	L onto Old Dundas St	2.3	0.7
3.	←	L onto bridge and dismount bike.	3.0	0.2
4.	→	Remount bike and make slight R to continue on the path.	3.1	0.9
5.	→	R towards parking lot.	4.0	0.2
6.	→	R towards restrooms.	4.2	0.4
7.	←	L to get onto Humber Trail.	4.6	1.1
8.	→	R and take underpass.	5.8	0.7
9.	↑	REGROUP point. Then cross Eglinton on sidewalk for 50 metres.	6.5	0.1
10.	→	R onto bike path near statue.	6.6	1.6
11.	←	Slight L towards arena and Lion's Park	8.2	0.4
12.	→	R into parking lot.	8.6	0.1

8.6 kilometers. +52/-18 meters

13.	▶	REGROUP near Weston Arena.	8.7	0.0
14.	←	L onto Hickory Tree Rd	8.7	0.1
15.	↑	Continue onto Little Ave	8.8	0.2
16.	↑	Continue onto Elsmere Ave	9.1	0.1
17.	→	R into parking lot.	9.2	0.2
18.	←	L onto Rosemount Ave	9.4	0.8
19.	←	L onto Queenslea Ave	10.2	0.3
20.	→	Queenslea Ave turns R and becomes Yelland St	10.5	0.3
21.	←	L onto Oak St	10.8	0.4
22.	→	R onto Knob Hill Dr	11.2	0.1
23.	←	L into parking lot.	11.3	0.0
24.	→	R into under ground parking lot.	11.3	0.1
25.	←	L towards street exit.	11.4	0.3
26.	→	R onto Humber River Recreational Trail	11.7	0.5
27.	→	R to stay on Humber River Recreational Trail	12.2	3.9

3.6 kilometers. +21/-19 meters

28.	←	L	16.1	1.2
29.	→	R onto trail (not clearly marked, just a yellow post)	17.3	0.1
30.	←	L	17.5	4.2
31.	←	L after crossing bridge.	21.7	1.1
32.	→	R and follow the pond.	22.8	0.3
33.	→	R into parking lot and follow Spruce Vista Rd to the Campus buildings.	23.1	0.1
34.	→	R onto Arboretum Blvd	23.2	0.0
35.	←	L onto Spruce Vista	23.2	0.6
36.	←	L onto Silver Bell Ln	23.8	0.1
37.	→	R onto Humber College Blvd	23.9	1.1
38.	←	L onto John Garland Blvd	25.0	0.3
39.	↑	Continue onto Silverstone Dr	25.3	2.6
40.	←	L onto Beaconhill Rd	27.9	0.1
41.	→	R onto Annabelle Dr	28.0	0.4

15.8 kilometers. +53/-36 meters

42.	↑	Continue onto Rowntree Rd	28.4	0.2
43.	←	L onto Humber River Recreational Trail Entrance off of sidewalk past shopping centre.	28.7	0.3
44.	→	R onto Bike Route 15	29.0	1.5
45.	→	Slight R to stay on Humber River Recreational Trail	30.5	1.9
46.	→	R to stay on Humber River Recreational Trail	32.4	1.0
47.	←	L to stay on Humber River Recreational Trail	33.4	3.9
48.	←	L to stay on Humber River Recreational Trail	37.3	0.5
49.	←	L onto Cardell Ave	37.8	0.2
50.	↑	Continue across Weston Rd and enter the underground parking lot.	38.0	0.1
51.	←	L towards the exit.	38.1	0.1
52.	→	R onto Knob Hill Dr	38.2	0.2
53.	←	L onto Oak St	38.3	0.4

10.3 kilometers. +27/-49 meters

54.	→	R onto Yelland St	38.7	0.3
55.	←	Yelland St turns L and becomes Queenslea Ave	39.0	0.3
56.	→	R onto Rosemount Ave	39.2	0.8
57.	→	R onto John St	40.0	0.2
58.	←	L onto John St.	40.2	0.2
59.	↑	Continue onto Little Ave	40.4	0.2
60.	→	R onto Lawrence Ave W	40.7	0.0
61.	→	R onto bike path.	40.7	0.1
62.	←	Sharp L onto bike path.	40.8	5.0
63.	←	L	45.8	0.1
64.	▀	Dismount your bike and walk across pedestrian bridge.	45.9	0.2
65.	→	Remount your bike & R onto path.	46.1	0.7
66.	←	L onto Old Dundas St	46.7	0.0
67.	→	R onto Lundy Ave	46.8	0.0
68.	→	R onto bike path.	46.8	2.2
69.	▀	End of route	49.0	0.0

10.7 kilometers. +23/-66 meters