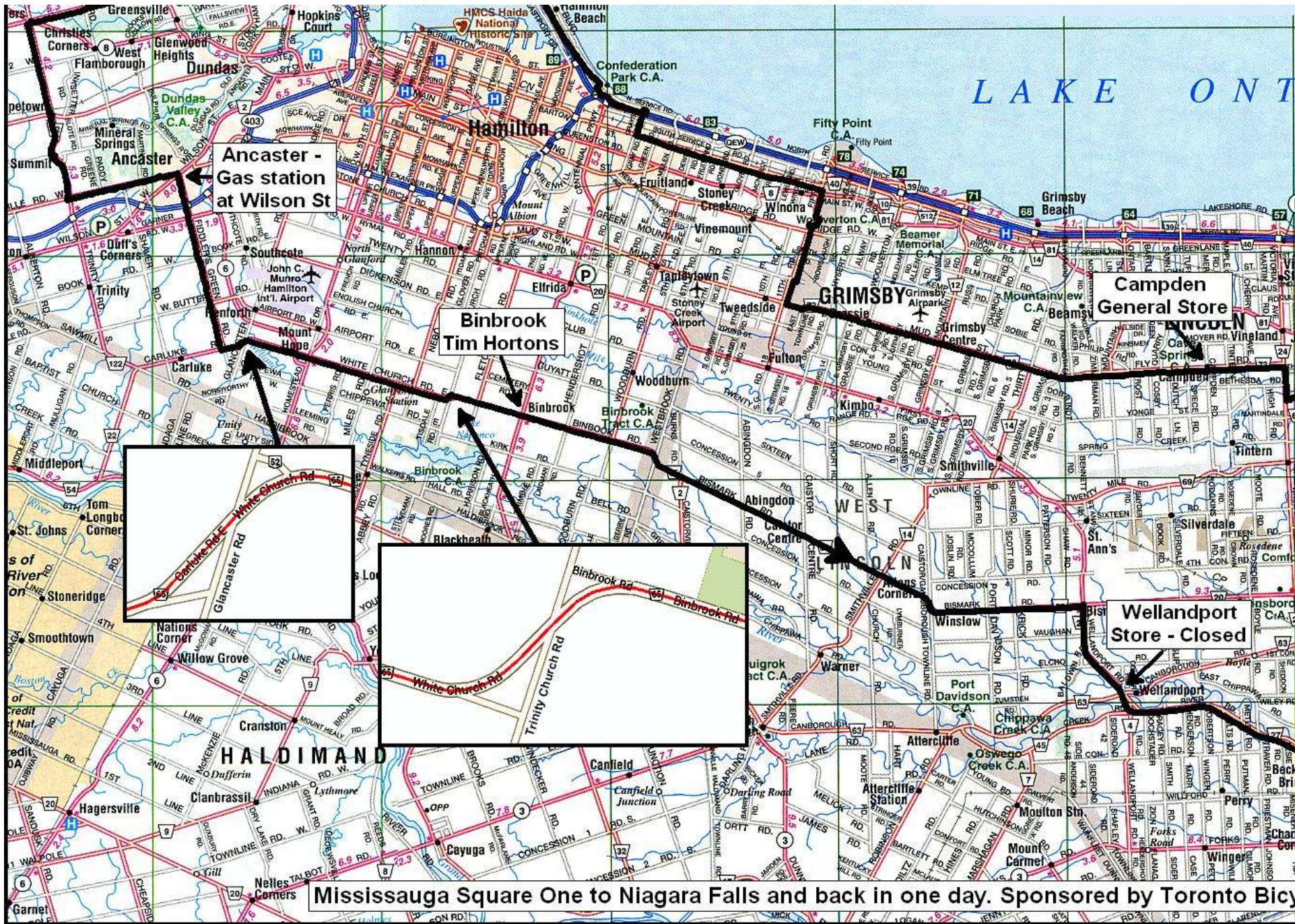


On-line map: <http://ridewithgps.com/routes/22401247>







Mississauga Square One to Niagara Falls and back in one day. Sponsored by Toronto Bicy



# Toronto-Niagara-Toronto Hairshirt Classic Double Century

322 km in one day !!

The TNT Hairshirt is a personal cycling challenge whose name comes from a medieval form of penance, in which monks wore shirts woven of coarse horse hair. Our Hairshirt bike ride pits the lonely rider and their bicycle against the road and the elements, and for this reason the organizers provide no support other than a map and encouragement.

Toronto Cycling Network

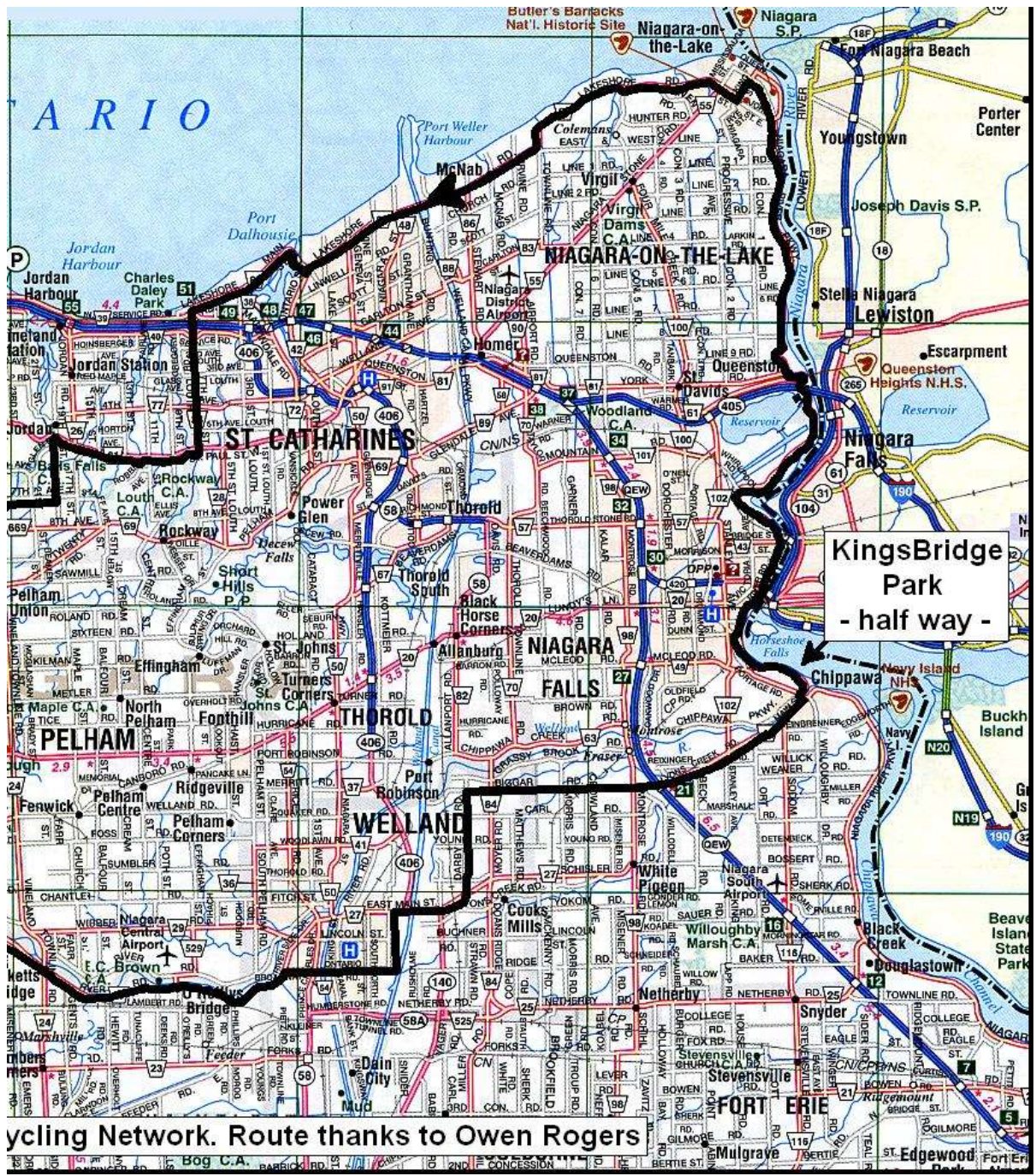
<https://tbn.ca/cycling/hairshirt.htm>

Mississauga



- 0.1 Turn left onto Duke of York Blvd
- 0.4 Turn right onto Burnhamthorpe
- 16.0 Turn left onto Neyagawa Blvd
- 18.3 Turn right onto Dundas St / Hwy 5
- 37.7 Tim Hortons
- 53.1 At the roundabout, 3rd exit onto Hwy 52
- 61.4 At the roundabout, 3rd exit Jerseyville Rd
- 66.4 Turn right onto Fiddlers Green Rd
- 74.5 Turn left onto Carluke Rd/RR 65
- 75.3 Keep left to stay on Carluke Rd/RR 65
- 75.6 Stay on RR 65. Now it's White Church Rd
- 84.8 Keep left to stay on RR 65/White Church Rd
- 85.1 Stay on RR 65. Now it's Binbrook Rd
- 87.7 At the roundabout, straight on Binbrook Rd
- 88.4 FOOD Tims in Binbrook at RR 56
- 94.7 Continue on RR 65 (Silver St/Bismark Rd)
- 115.4 Turn right onto RR 27 (Wellandport Rd)
- 120.0 Cross the bridge (River Rd)
- 120.4 Bear left to stay on Regional Rd 27
- 139.1 Turn right onto Broadway St , Welland
- 141.9 FOOD Tim Hortons
- 143.0 Turn left onto Memorial Park Dr
- 144.0 Jog left/right to cross Lincoln St
- 145.1 Turn right onto E Main St
- 145.3 At the roundabout, straight towards tunnel
- 147.6 Turn left onto Darby Rd
- 151.5 Turn right onto Biggar Rd
- 157.4 Continue onto Lyons Creek Rd/RR 47
- 163.1 Continue onto Main St
- 164.2 Turn left onto Portage Rd
- 164.3 Turn right onto Macklem St
- 164.7 Continue onto Niagara Pkwy
- 164.7 HALF WAY Kingsbridge Park
- 169.4 Continue onto River Rd
- 174.3 Continue onto Niagara Pkwy
- 179.9 At the roundabout, right onto Niagara Pkwy
- 190.4 Continue onto Queen's Parade
- 191.8 Continue onto Picton St
- 192.2 Turn left onto King St
- 192.9 Turn right onto Mary St





**Cycling Network. Route thanks to Owen Rogers**

- 194.0 Slight left onto RR 87/Lakeshore Rd
- 200.4 Keep left to stay on Lakeshore Rd
- 200.6 Continue onto Townline Rd
- 201.2 Continue onto Lakeshore Rd
- 210.3 Turn right onto RR 87/ Lakeport Rd
- 211.3 Slight left onto Lock St
- 211.4 Turn left onto Main St
- 213.6 Continue onto Lakeshore Rd W
- 215.5 Turn left onto Seventh Street Louth
- 220.6 Turn right onto St Paul St W
- 221.0 Continue onto King St
- 226.0 WATCH Turn left onto 19 St
- 226.2 Bear left at fork with Glen Rd stay on 19 St
- 228.2 Turn right onto Seventh Ave
- 230.2 Turn right onto Victoria Ave
- 231.6 Turn left onto Fly Rd/RR 73 at traffic light
- 235.0 FOOD Campden General Store
- 241.5 Fly Rd becomes Mud St
- 253.1 Keep left to continue on Mud St/RR 73
- 254.1 Turn right onto 11 Rd
- 255.2 Turn right onto Green Mountain Rd
- 255.4 Turn left onto 11 Rd
- 260.1 Turn left onto Barton St (just past Hwy 8)
- 268.6 Turn right onto Grays Rd
- 269.8 Turn right onto Frances Ave
- 269.9 Turn right onto Drakes Dr
- 270.1 Turn right onto N Service Rd
- 272.0 Continue onto Van Wagners Beach Rd
- 272.6 Turn right to stay on Van Wagners Beach
- 274.5 Turn right onto Beach Blvd
- 278.2 Turn right to stay on Beach Blvd, lift bridge
- 278.9 Continue onto Eastport Dr
- 279.3 Turn right onto Lakeshore Rd
- 281.2 Turn right to stay on Lakeshore Rd
- 305.0 Turn left onto Winston Churchill Blvd
- 313.3 Turn right onto Burnhamthorpe Road
- 321.1 FINISH at Duke of York Blvd

The "no-detour" map, prepared by Dave Mader (2019)