Beach to the Bluffs


| 0.0 | 0 | Start of route | 0.0 |
| :---: | :---: | :---: | :---: |
| 0.0 | $\rightarrow$ | From the parking lot turn R | 0.1 |
| 0.1 | $\leftarrow$ | L on Martin Goodman Trail | 1.0 |
| 1.1 | $\leftarrow$ | L towards Washrooms. Continue straight on Trail | 1.1 |
| 2.2 | $\leftarrow$ | L to go through parking lot | 0.1 |
| 2.3 | $\rightarrow$ | R on Beech Ave | 0.2 |
| 2.5 | $\rightarrow$ | R on Queen St E | 0.9 |
| 3.5 | $\leftarrow$ | L on Fallingbrook Rd | 0.6 |
| 4.1 | $\rightarrow$ | R on Lynndale Rd | 0.2 |
| 4.4 | $\rightarrow$ | Slight $R$ to stay on Lynndale Rd | 0.1 |
| 4.5 | $\leftarrow$ | L on Wood Glen Rd | 0.3 |
| 4.8 | $\rightarrow$ | R on Kingston Rd | 0.6 |
| 5.4 | $\rightarrow$ | R on Warden Ave | 0.4 |
| 5.8 | $\leftarrow$ | Warden Ave turns L and becomes Crescentwood Rd | 0.4 |
| 6.2 | $\uparrow$ | Continue onto Kildonan Dr | 0.2 |
| 6.3 | $\rightarrow$ | R on Viewbank Rd | 0.1 |
| 6.4 | $\uparrow$ | Continue on Kingsbury Crescent | 0.3 |
| 6.7 | $\leftarrow$ | Kingsbury Crescent turns L and becomes Harding Blvd | 0.2 |
| 6.9 | $\rightarrow$ | R on Waterfront Trail | 0.1 |
| 7.0 | $\leftarrow$ | L on Birchmount, R on Springbank then through parkland | 0.5 |
| 7.5 | $\uparrow$ | Continue on Lakehurst Crescent | 0.2 |
| 7.7 | $\leftarrow$ | Enter Rosetta McClain Gardens. Walk bikes. L toward Wahrooms | 0.2 |
| 7.9 | $\rightarrow$ | Through parking lot then R on Glen Everest | 0.7 |
| 8.6 | $\rightarrow$ | R on Aylesford Dr | 0.0 |
| 8.6 | $\leftarrow$ | L on East Haven Dr | 0.4 |
| 9.0 | $\rightarrow$ | R on Ridgemoor Ave | 0.1 |
| 9.1 | $\leftarrow$ | L on Pell St | 0.1 |
| 9.2 | $\rightarrow$ | R on Latham Ave | 0.2 |
| 9.4 | $\leftarrow$ | L on Midland Ave | 0.5 |
| 9.9 | $\rightarrow$ | R on Kelsonia Ave | 0.4 |


| 10.4 | $\rightarrow$ | R on Chine Dr | 0.6 |
| :---: | :---: | :---: | :---: |
| 10.9 | $\uparrow$ | Steep descent on trail. Perhaps walk bikes. | 0.3 |
| 11.2 | $\rightarrow$ | R onto Undercliff Dr | 0.1 |
| 11.3 | $\leftarrow$ | L on Cecil Crescent | 0.2 |
| 11.5 | 1 | Walk bikes to view the Bluffs | 0.2 |
| 11.7 | $\rightarrow$ | R to walk on grass to Scarborough Crescent | 0.2 |
| 11.9 | $\leftarrow$ | L on Romana Dr | 0.1 |
| 12.0 | $\leftarrow$ | L on Midland Ave | 0.2 |
| 12.3 | $\rightarrow$ | Midland Ave turns R and becomes Fishleigh Dr | 0.8 |
| 13.1 | $\leftarrow$ | L on Glen Everest Rd | 0.3 |
| 13.4 | $\leftarrow$ | L on Kingston Rd | 0.7 |
| 14.1 | $\rightarrow$ | R on Birchmount Rd | 0.2 |
| 14.3 | $\leftarrow$ | L on Hollis Ave | 0.8 |
| 15.2 | $\uparrow$ | Continue on Clonmore | 0.6 |
| 15.7 | $\rightarrow$ | Slight R on Gerrard St | 0.7 |
| 16.5 | $\leftarrow$ | L on Victoria Park Ave | 0.2 |
| 16.7 | $\rightarrow$ | R on Swanwick Ave | 0.2 |
| 16.9 | $\leftarrow$ | L on Scarborough Rd | 0.9 |
| 17.8 | $\rightarrow$ | R on Pine Ave | 0.5 |
| 18.3 | $\uparrow$ | Continue on Pine Crescent | 0.2 |
| 18.5 | $\rightarrow$ | R on Pine Glen Rd | 0.1 |
| 18.7 | $\leftarrow$ | L on Glen Manor Dr E | 0.2 |
| 18.8 | $\rightarrow$ | Right/Left on Glen Manor Dr | 0.2 |
| 19.1 | $\uparrow$ | Cross Queen and continue on Glen Manor | 0.4 |
| 19.5 | $\rightarrow$ | R on Martin Goodman Trail | 1.6 |
| 21.1 | $\rightarrow$ | $R$ to parking lot. $L$ to the restaurants. | 0.1 |
| 21.2 | 0 | End of route | 0.0 |

