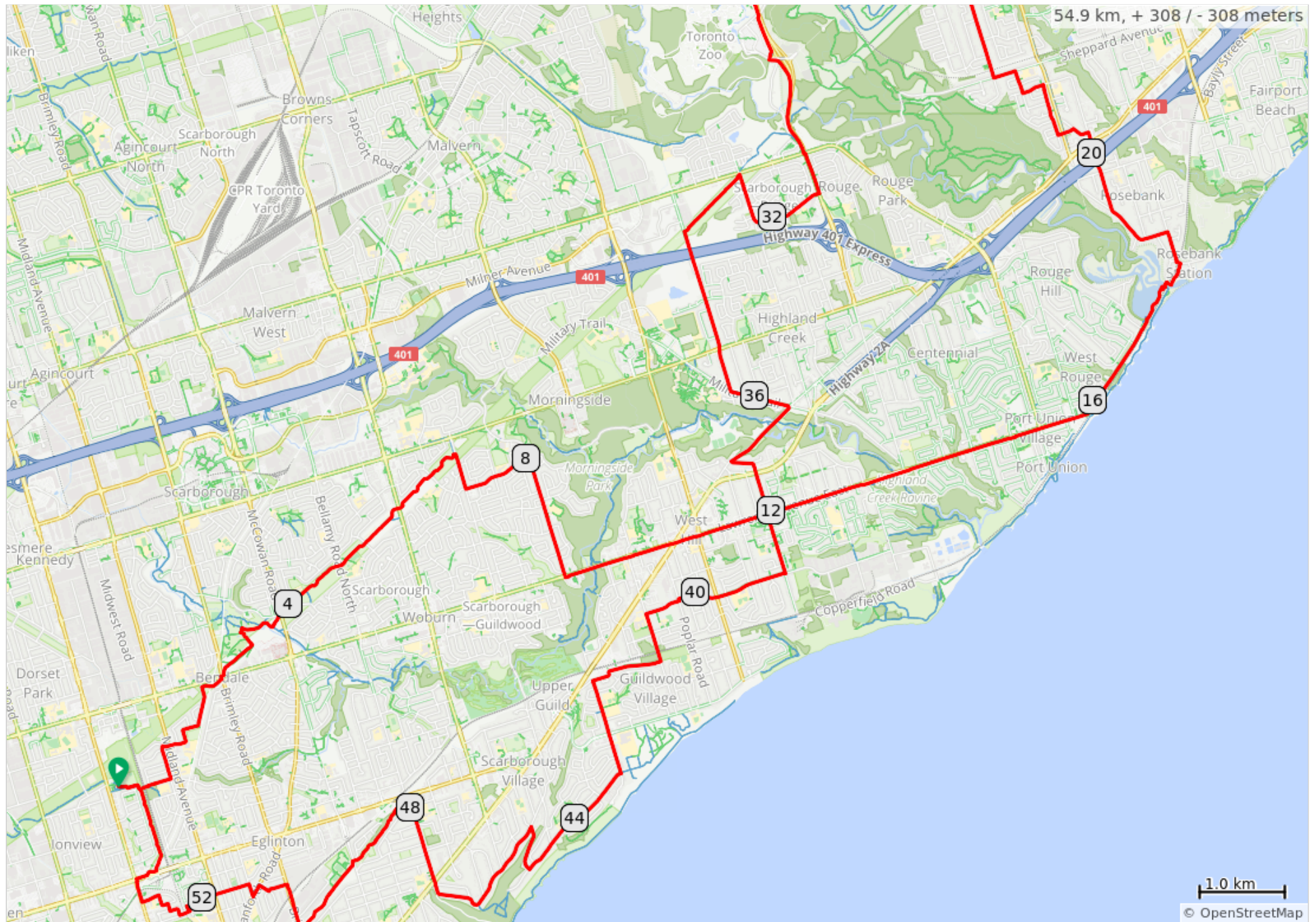


Stretch to the East (2022) Amended



Stretch to the East (2022) Amended

0.0		Start of route	0.1
0.1		Slight L onto Gatineau Path	0.2
0.3		Keep L onto Gatineau Path	0.0
0.3		L over the bridge	0.1
0.4		R onto Tara Avenue	0.3
0.7		L onto Fitzgibbon Avenue continue on Marcos Dr	1.5
2.2		R onto bike path	0.3
2.4		L cross Lawrence Ave	0.0
2.5		R cross Brimley to bike path	0.5
3.0		L at "T" intersection	0.2
3.2		R then R again to go across the bridge	0.5
3.7		L toward McCowan	0.2
3.8		Continue across McCowan	3.4
7.2		L onto Slan Avenue	0.8
8.0		R onto Orton Park Road	1.4
9.5		L onto Lawrence Avenue East	1.3
10.8		Cross Kingston Rd.	0.3
11.1		Cross Morningside	0.8
11.9		Cross Manse Rd	5.1
17.0		Enter Rouge Park	0.6
17.6		Sharp R and L to go over Rouge River bridge	0.4
18.1		Slight L onto Bella Vista Drive	0.1
18.1		L onto Rodd Avenue	0.1
18.2		R onto Rosebank Road South	0.4
18.5		L onto Rougemount Drive	1.8
20.3		L onto Dalewood Drive	0.2
20.5		L onto Brookridge Gate	0.2
20.7		R onto Fawndale Road	0.6
21.3		L onto Littleford Street	0.3
21.5		R onto Hoover Drive	0.3
21.8		L onto Twyn Rivers Drive	0.3
22.1		R onto Woodview Avenue	1.0

22.1 kilometers. +97/-149 meters

23.1		L onto Pine Grove Avenue	0.1
23.1		R onto Woodview Avenue	1.0
24.2		L onto Finch Avenue	1.5
25.6		R on Beare Rd.	1.0
26.7		L onto Plug Hat Road	0.8
27.5		Turns L on Meadowvale	1.0
28.5		Pass Old Finch Avenue and continue on Meadowvale bike path	1.0
29.5		Keep R	1.4
30.9		Pass Sheppard	0.5
31.4		R onto Dean Park Road	0.0
31.4		Food purchases	1.4
32.8		L onto Gatineau Corridor Recreational Trail	0.9
33.7		L onto Conlins Road	1.9
35.7		L onto Military Trail	0.7
36.4		R onto Old Kingston Rd	0.9
37.3		Sharp L onto Manse Road	0.3
37.6		Slight R on Manse Road	1.3
38.9		Sharp R onto Coronation Drive	1.3
40.2		Cross Poplar Road	0.4
40.7		L onto Galloway Road	0.6
41.2		R onto Westlake Road	0.9
42.1		L onto Livingston Road	1.1
43.2		R onto Sylvan Avenue	1.6
44.8		R onto Heathfield Drive	0.5
45.3		Sharp L onto Hill Crescent	1.2
46.6		Keep L onto Bellehaven Crescent	0.5
47.1		Cross Kingston Rd to continue on Brimley Rd.	1.0
48.1		Sharp L onto bike path	1.0
49.1		Cross McCowan	1.0
50.2		Sharp R onto Brimley Road	0.6
50.7		L onto Lombardy Crescent	0.2
50.9		R onto Glenshephard Drive	0.1

28.9 kilometers. +189/-151 meters

51.1	←	L onto Danforth Road	0.1
51.2	↘	Sharp R onto Falmouth Avenue	0.2
51.4	←	L onto Lorraine Avenue	0.5
51.8	↑	Cross Midland to Safari Street	0.4
52.2	←	L onto Benjamin Boulevard then sharp R	0.2
52.4	→	R onto Saugeen Crescent	0.2
52.6	→	R onto Dumfrey Road	0.1
52.7	←	L onto Chevron Crescent	0.2
52.9	←	L onto Kenmark Boulevard	0.2
53.1	→	R onto Kennedy Road	0.2
53.2	↗	Keep R onto Kennedy Road	0.1
53.3	→	R cross Eglinton to side walk-walk bikes	0.3
53.6	←	L onto Gatineau Path	1.2
54.8	↗	Keep R onto Gatineau Path	0.1
54.9	📍	End of route	0.0

4.0 kilometers. +11/-11 meters