

Courtneypark Plunge

TBN Urban Roller 45 kms

Start Kipling TTC North lot

- ↑ **North** out of parking lot to **Dundas**
- ← **Left** on **Dundas St W**, use “bike lane”
- **Right** on **Wilmar Rd**
- ← **Left** on **Maypole St**
- **Right** on **Silverhill Dr**
- ← **Left** on **Lynnford Dr**
- **Right** on **Tremont Rd**
- ← **Left** on **Vickson Ct** to East Mall
- **Right** on **East Mall**
- ↖ **Immediate cross** to **left turn lane** at lights, **Caution!** wait for a gap in traffic
- ← **Left** on **Bloor St W**, past 427 (**caution** at ramp) & West Mall
- **Right** on **Renforth Dr**. Continue past Burnhamthorpe, Rathburn, Eglinton, & 401
- ← **Left** On **Convair Dr**. **Caution** making turn
- ↑ **Follow Convair** along south side of airport
- ↖ **Left** onto **Etobicoke Creek Trail** on left side at bottom of the dip. **Caution:** Traffic
- ↑ **Follow trail** north, past Britannia Rd, exit trail at Courtneypark
- ← **Left** on **Courtneypark Dr**. Continue past Dixie, Tomken, over 410, Kennedy, McGlaughlin, and Mavis (becomes Sombrero Way past Mavis) to end (8.8km)
- ← **Left** onto **closed road** (2nd Line W), take **bridge** over the 401
- **Right** on **Donway Dr**
- ← **Left** on **Bancroft Dr**
- **Right** on **Silken Laumann Way**
- ← **Left** into **plaza** just before Britannia Rd

Return

- ← **Left** out of parking lot. Cross Britannia Rd
- ↑ **Continue** on **Terry Fox Way**. Use bike path on right side
- ← **Left** at **Preston Manor Dr**
- **Right** on **Ceremonial Dr**. Continue past Bristol, McLaughlin, Hurontario. Becomes Nahani Way past Hurontario
- **Right** on **Delaware Dr**, cross Eglinton
- ↖ **Left** into **Huron Heights Park** (hop curb) use path to parking lot
- **Right** on **Central Pkwy**, under 403, MiWay
- ← **Left** on **Rathburn Rd**, use **caution** when changing lanes
- ↑ **Continue** on **Rathburn**, past Cawthra, Tomken, Dixie, Fieldgate to Burnhamthorpe. Becomes Ponytrail Dr
- ← **Left** on **Burnhamthorpe Rd**
- **Right** on **Mill Rd**
- ← **Left** on **Markland Dr**
- **Right** on **Bloor St**, past West Mall, 427 (use **caution** at ramps) & East Mall
- **Right** on **Shaver Ave** (lights)
- ← **Left** on **Statler Ave**
- ↖ **Left-Right** jog to **Montesson St**
- **Right** on **Acorn Ave**
- ↑ **Cross Dundas** to TTC parking lot

Lunch at Tim Hortons/Wendy's