| Num | Dist | Prev | Type | Note | Next |
| :---: | :---: | :---: | :---: | :--- | :---: |
| 1. | 0.0 | 0.0 | $\boldsymbol{\ominus}$ | Start of route | 0.0 |
| 2. | 0.0 | 0.0 | $\mathbf{\uparrow}$ | START: Parking <br> Lot of Shoppers <br> World. Danforth <br> \& Victoria Pk. | 0.2 |
| 3. | 0.2 | 0.2 | $\rightarrow$R on Victoria <br> Park Ave | 0.3 |  |
| 4. | 0.5 | 0.3 | $\rightarrow$R onto <br> Musgrave St | 0.3 |  |
| 5. | 0.7 | 0.3 | $\leftarrow$L onto Dengate <br> Rd | 0.1 |  |
| 6. | 0.9 | 0.1 | $\leftarrow$L on Gerrard <br> then R on <br> Scarborough <br> Rd. | 0.7 |  |
| 7. | 1.5 | 0.7 | $\mathbf{\uparrow}$ | Cross Kingston <br> Rd and continue <br> on Scarborough <br> Rd. | 0.4 |
| 8. | 2.0 | 0.4 | $\rightarrow$ | R on Pine Ave | 0.5 |
| 9. | 2.4 | 0.5 | $\mathbf{\uparrow}$ | Continue onto <br> Pine Crescent | 0.4 |

2.4 kilometers. $+0 /-10$ meters

| Num | Dist | Prev | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 19. | 10.7 | 0.2 | $\leftarrow$ | Continue North on Cherry St. | 1.5 |
| 20. | 12.2 | 1.5 | 7 | Slight R to cross Lakeshore and go under Gardiner. Then continue north on Cherry St. | 0.2 |
| 21. | 12.3 | 0.2 | $\leftarrow$ | L onto Tank House Lane to visit the Distillery LUNCH. <br> Washrooms in Tankhouse Lane. | 0.2 |
| 22. | 12.5 | 0.2 | $\rightarrow$ | R onto Trinity St | 0.1 |
| 23. | 12.6 | 0.1 | $\rightarrow$ | R onto Mill St | 0.2 |
| 24. | 12.8 | 0.2 | $\uparrow$ | Cross Cherry St. | 0.4 |
| 25. | 13.2 | 0.4 | $\leftarrow$ | Slight L onto Bayview Ave | 3.8 |
| 26. | 17.0 | 3.8 | $\uparrow$ | Pass the Brickworks | 0.7 |
| 27. | 17.7 | 0.7 | $\rightarrow$ | R on Pottery Rd | 0.2 |

7.2 kilometers. +19/-0 meters

| Num | Dist | Prev | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 10. | 2.9 | 0.4 | $\rightarrow$ | $R$ to stay on Pine Crescent | 0.2 |
| 11. | 3.1 | 0.2 | $\leftarrow$ | L on Glen Manor Dr | 0.2 |
| 12. | 3.3 | 0.2 | $\uparrow$ | Cross Queen St and continue on Glen Manor | 0.4 |
| 13. | 3.7 | 0.4 | $\rightarrow$ | R onto Martin Goodman Trail | 0.6 |
| 14. | 4.2 | 0.6 | $\rightarrow$ | WASHROOMS | 1.3 |
| 15. | 5.5 | 1.3 | $\rightarrow$ | R towards Lakeshore Blvd. to stay on Martin Goodman Trail | 1.4 |
| 16. | 6.9 | 1.4 | $\leftarrow$ | L at Leslie to stay on Martin Goodman Trail | 0.9 |
| 17. | 7.8 | 0.9 | $\rightarrow$ | R on Martin Goodman Trail/ | 2.7 |
| 18. | 10.5 | 2.7 | $\leftarrow$ | Washrooms at Cherry Beachmight not be open | 0.2 |

8.0 kilometers. $+0 /-25$ meters

| Num | Dist | Prev | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 28. | 17.9 | 0.2 | $\leftarrow$ | L to Lower Don River Trail/Rte 45 | 3.1 |
| 29. | 21.1 | 3.1 | $\leftarrow$ | Regroup at the Elephant Legs | 0.4 |
| 30. | 21.5 | 0.4 | $\leftarrow$ | L on Taylor Creek Trail | 1.4 |
| 31. | 22.9 | 1.4 | $\rightarrow$ | R at construction to take the trail up the hill. | 0.2 |
| 32. | 23.1 | 0.2 | $\boldsymbol{\pi}$ | Slight R to go through parking lot | 0.1 |
| 33. | 23.2 | 0.1 | $\rightarrow$ | R onto Haldon Ave passing apartment buildings | 0.3 |
| 34. | 23.5 | 0.3 | $\leftarrow$ | L onto Cosburn Ave. | 0.1 |
| 35. | 23.6 | 0.1 | $\uparrow$ | Road curves onto Westlake Ave | 0.1 |

5.9 kilometers. +65/-35 meters

| Num | Dist | Prev | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 36. | 23.7 | 0.1 | $\leftarrow$ | L onto Hamstead Ave | 0.3 |
| 37. | 24.0 | 0.3 | $\rightarrow$ | Hamstead Ave turns R and becomes Main St | 0.3 |
| 38. | 24.3 | 0.3 | $\leftarrow$ | L onto Lumsden Ave | 0.3 |
| 39. | 24.6 | 0.3 | $\rightarrow$ | Slight R onto Eastdale Ave | 0.3 |
| 40. | 24.9 | 0.3 | $\leftarrow$ | L onto Secord Ave | 0.2 |
| 41. | 25.1 | 0.2 | $\rightarrow$ | R onto Dawes Rd then immediate L on Rosevear | 0.1 |
| 42. | 25.2 | 0.1 | $\leftarrow$ | L onto Rosevear Ave | 0.2 |
| 43. | 25.3 | 0.2 | $\rightarrow$ | R onto Avonlea Blvd to go around the park | 0.1 |
| 44. | 25.5 | 0.1 | $\leftarrow$ | L onto Dentonia Park Ave | 0.3 |

1.9 kilometers. $+3 /-3$ meters

| Num | Dist | Prev | Type | Note | Next |
| :---: | :---: | :---: | :---: | :--- | :---: |
| 45. | 25.8 | 0.3 | $\rightarrow$ | R onto Thyra <br> Ave | 0.3 |
| 46. | 26.0 | 0.3 | $\mathbf{\uparrow}$ | Cross Danforth <br> into Shoppers <br> World | 0.1 |
| 47. | 26.1 | 0.1 | $\leftarrow$ | END | 0.0 |
| 48. | 26.1 | 0.0 | $\boldsymbol{\theta}$ | End of route | 0.0 |

0.6 kilometers. +0/-0 meters

